



## HOUSE-LEAGUE SOCCER

### JUNIOR

5 a-Side Soccer is a House-League offered to the Junior Boys and Girls (Grades 4,5 and 6). The game is very similar to soccer, with a few modifications,

- ie
  - it is played indoors
  - it only has five members per team.

## INDOOR: 5-A-SIDE SOCCER

### RULES

1. There will be five players on the floor at one time: goalkeeper, two defence and two forwards. A maximum of six players may be on a team. Every player must play equal time.
2. Play will be continuous straight time (2 x 7 minutes straight time halves).
3. Play begins with each player in his own half of the gymnasium. The ball must travel its own circumference and into the opponents' half. The player taking the kick-off cannot play the ball until it has been played by another player (a goal cannot be scored directly from the kick-off).
4. The ball does not go "out of bounds". Rather, the ball is played continuously off the walls, sides and ends. Play will stop if an infringement occurs or a goal is scored. "Corner Kicks", "Throw Ins", and "Goal Kicks" do not apply. If an exception arises whereby the ball does get stuck in the climber, etc., play is stopped and the offending player is penalized. An indirect kick is awarded.
5. The goalkeeper has his/her own area in which no other player (even those on his own team) is allowed. SEE ATTACHED DIAGRAM.
6. The goalkeeper may block or save the ball with his feet. He MAY NOT KICK the ball. If he makes a save with his hands, he must return the ball back into play with an underhand throw. The goalkeeper MAY NOT WEAR gloves of any description.
7. The ball must always be kept below average head height (1.50 m) (5'). When a team causes the ball to go over average head height, an indirect free kick will be awarded. If the referee has difficulty in determining who caused the ball to go over the designated height, the referee will use a bounce-ball face-off between two players (one from each team).
8. The off-side rule does not apply.
9. A penalty-kick applies when a player, other than the goalkeeper, intentionally blocks the ball with his hands in his own half of the playing area. If the goalkeeper blocks the ball outside of the goal area in his own half, the penalty kick also applies. The penalty kick is taken from centre spot in the gym. The penalty kick will NOT apply if the player is blocking the ball with his hands if in the act of protecting himself.
10. In the case of a penalty kick, all players (including the Goalie from penalized team) from both sides stand behind the ball and the player taking the penalty kick. No player may move until the player taking the kick actually kicks the ball. If a goal is scored, then the same procedure as for "Start of Play" is followed. If a goal is NOT scored and the ball

rebounds off the wall, play continues. Players are allowed to run once the ball is kicked and try to stop the ball from going into the goal. If they are successful, play continues.

11. FREE KICK

a. Direct free kick from which a goal can be scored directly against offending side shall be awarded for:

- Tripping, kicking, striking an opponent.
- Blocking ball with hand(s) in opponents' half of playing area.
- Holding, pushing, shoving, charging, jumping an opponent.

Direct free kick is taken where an infraction occurs.

b. Indirect free kick from which a goal cannot be scored unless the ball has been touched by a player other than the kicker shall be awarded for:

- Carrying by goalkeeper more than four steps inside the penalty area.
- Player playing ball second time following free kick.
- Causing the ball to go above average head height (above 1.50 m – 5').
- Ball not kicked forward from penalty kick.
- Ball going out of play in exceptional circumstances.

Indirect free kick is taken where infraction occurs.

12. In case of a tie at the end of the 2 x 7 minute halves, five members from each team will take one shot from centre line into an empty net.

In order to decrease the number of ties, the opportunity to score has been made a little easier... the size of goal area has been increased to 2.25m (7'6") wide by .825m (2'9") high. The goal crease will be 3m (10') wide by 1.2m (4') long.

