



# St. Catherine of Siena Catholic School

Happy Groundhog  
Day! 6 more weeks !!

Update Update#24

## Update for Feb. 2, 2010



**St. Catherine of Siena  
Catholic School**  
2140 Quarrier Road  
London, Ontario  
N5G 5L4

Phone: 519 675-4437

Principal: Ms.. L. Smith  
Vice-Principal:  
Mrs. C. Anthony

**Mission Statement**  
With a pioneering  
spirit we, the  
Community of St.  
Catherine of Siena, are  
dedicated to fostering  
a learning  
environment that  
encourages academic  
excellence, faith  
expression, leadership  
and the celebration of



our individual gifts.

### Fifth Disease

Recently the office has been notified of a case of Fifth Disease in the school. Fifth disease is caused by a virus called Parvovirus B19. Fifth disease is also known as 'slapped face' disease. The infection does not cause serious illness in most adults and children. It can be a concern for people with blood disorders, problems with their immune system or pregnant women.

Fifth disease is spread through secretions of the nose and mouth by sneezing and coughing or touching contaminated articles such as used tissues and then touching your mouth or nose.

Children with Fifth disease return to school after the rash appears as they are not contagious at that point. Symptoms of the disease are fever,

tiredness, muscle aches and headaches. A few days later a very red rash appears on the child's face. A lacey rash also appears on the child's body. This rash can last for days to weeks and can come and go. Adults may develop joint pain which lasts a few weeks.

Prevention includes good hand washing, covering the nose and mouth when sneezing or coughing and disposing of used tissues right away. Do not share eating utensils.

Please notify the office if your child has been diagnosed with Fifth's Disease.

Please see the reverse side of this update for further information on Fifth's Disease.